

LEISURE and LIFESTYLE MONTHLY CALENDAR

SEPTEMBER 2026

Dear Residents, We encourage you to join our activities for this month. This is a good opportunity for you to meet new people and make friends with other residents. If you have any question or suggestion to our daily activity, please see one of our Lifestyle Team. We love feedback and suggestions! - Salon is open on Wednesdays with Mary and Fridays with Margaret - First and Third Thursday of the month is our Catholic Mass. - RAI Italia is available in the Media Room. - Bus Outings – monthly trip to Canada Bay Club, other trips are subject to discussion.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
		1ST 10:30am – Group Exercise with Physio Harry 2pm – Concert with Roseanna Residents Activity of Choice	2ND <i>VIETNAM INDEPENDENCE DAY</i> <i>Hairdresser on-site</i> 10:30am – Group Rosary 2pm – Bingo in Ground Residents Activity of Choice	3RD 10:30am – Catholic Mass - Coffee Club 2pm – Movie - Floor Games Residents Activity of Choice	4TH <i>Hairdresser on-site</i> 10:30am – Group Exercise 2pm – Happy Hour with Ricardo 	5TH 10:40am – Move to the Music with Allison 2pm – Bingo - Spin the Wheel Residents Activity of Choice	6TH <i>FATHER'S DAY</i> 10am – Mass on Live Stream 2pm – Ice Cream Rounds Residents Activity of Choice	
		7TH 10:30am – Bingo 2pm – Movie - Arts and Crafts - CD Wind Spinners Residents Activity of Choice	8TH 10:30am – Group Exercise with Harry in Level 1 2pm – Global Quiz - Ball Games Residents Activity of Choice	9TH <i>Hairdresser on-site</i> 10:30am – Group Rosary 2pm – Bingo in Ground - Balloon Volleyball Residents Activity of Choice	10TH <i>R U OK DAY</i> 10:30am – Holy Communion Service - Coffee Club 2pm – Movie Residents Activity of Choice	11TH <i>STAFF MULTICULTURAL DAY</i> <i>Hairdresser on-site</i> 10:30am – Group Exercise 2pm – Happy Hour with Sam 	12TH 10:30am – Bingo 2pm – Newspaper Race - Table Games Residents Activity of Choice	13TH 10am – Mass on Live Stream 2pm – Ice Cream Rounds - Garden Time Residents Activity of Choice
		14TH 10:30am – Bingo 2pm – Movie - Cookie decorating Residents Activity of Choice	15TH 10:30am – Group Exercise with Harry in Level 1 2pm – Spring Flowers Arts & Craft - Bowling Residents Activity of Choice	16TH <i>Hairdresser on-site</i> 10:30am – Group Rosary 2pm – Bingo in Ground - Global Word Flip Residents Activity of Choice	17TH 10:30am – Catholic Mass - Coffee Club 2pm – Movie - Build a Bouquet Residents Activity of Choice	18TH <i>CHILE INDEPENDENCE DAY</i> <i>Hairdresser on-site</i> 10:30am – Group Exercise 2pm – Happy Hour with Liz 	19TH 10:40am – Move to the Music with Allison 2pm – Bingo - Mindful Colouring Residents Activity of Choice	20TH 10am – Mass on Live Stream 2pm – Ice Cream Rounds - Table Games Residents Activity of Choice
	21ST <i>MALTA INDEPENDENCE DAY</i> 10:30am – Bingo 2pm – Movie - Make Origami Flowers Residents Activity of Choice	22ND 10:30am – Group Exercise 2pm – Balloon Tennis - Bonus Quiz Residents Activity of Choice	23RD <i>BUS TRIP</i> <i>Hairdresser on-site</i> 10:30am – Group Rosary 2pm – Bingo in Ground Residents Activity of Choice	24TH 10:30am – Holy Communion Service - Coffee Club 2pm – Movie - Canvas Painting Residents Activity of Choice	25TH <i>Hairdresser on-site</i> 10:30am – Group Exercise 2pm – Happy Hour with Alfredo 	26TH 10:30am – Bingo 2pm – Word Games - Pairing and Sorting Residents Activity of Choice	27TH 10am – Mass on Live Stream 2pm – Ice Cream Rounds Residents Activity of Choice	
	28TH 10:30am – Bingo 2pm – Movie - <i>Make Tiramisu with us!</i> Residents Activity of Choice	29TH 10:30am – Group Exercise 2pm – Foam Flower Creations - Ball Games Residents Activity of Choice	30TH <i>Hairdresser on-site</i> 10:30am – Group Rosary 2pm – Bingo in Ground - Quoits Residents Activity of Choice	 Rosa B. – 8th Domenica – 11th Carmelo – 15th Josephine B. – 19th Carmela R. – 19th Gina – 22nd Margarita – 23rd Giovanna T. – 25th Luigi – 26th				
	WHAT: Resident Lifestyle Committee Meeting WHEN: Wednesday, September 16th at 2pm WHERE: Ground Floor, Boardroom <i>All residents and family members welcome. Join us and share your thoughts.</i>							